



How to Lead with Courage and Clarity Kirstin Ferguson

Summary of book Blindspotting

Humility Courage Empathy Self Awareness

- Leadership Blindspots: Unconscious habits, assumptions, beliefs that limit effectiveness
- Blindspots are Opportunities: Self reflection and action turn them into growth
- Authenticity and Vulnerability and build trust: Show imperfection, make leaders more credible
- Adaptability Matters: Effective Leadership is situational
- Psychological Safety: Foster environments where people can speak openly
- Power and Privilege Shape Impact: Be mindful of inequities and unseen consequences